What NOT to say to a bereaved twin or triplet parent.

We asked our Footprints community to share things that should not be said to parents who have experienced the death of one or more of their twins or triplets. Sadly, many of our community have had these things said to them.

At least it happened early.

These things happen for a reason.

Twins/Triplets would have been hard.

They were so small, they would have had complications.

God picks the best ones as angels.

You're young enough to try again.

It wasn't meant to be.

At least with one it'll be easier.

You have no idea what it's like with three children.

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Be grateful for your living children.

God wouldn't give you more than you can handle.

Twin pregnancies are tricky.

Two is enough.

It's quite common.

At least you can fall pregnant.

You wouldn't want to deal with the developmental issues.

My friend's adult son died, that's much worse.

Saying nothing.

At least you have one.

It's time to move on.

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